

# Tristan's Expeditions



*Creating incredible, unforgettable experiences of the history, culture, and cuisine of Colombia*

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## BIENVENIDOS A COLOMBIA!



Welcome to Colombia, the second most biodiverse country on the planet. The country is known for the breadth of its incredible landscapes as well as the kindness and generosity of its people. Spanning from the Atlantic (Caribbean) to the Pacific Ocean, the country contains three Andean mountain ranges, two deserts, part of the Amazon River Basin, a plains region, and, of course, the best coffee growing regions in the world!



Discover the delicacies and culture of the Andes as you interact with everyday Colombians who live in some of the most important parts of the country, and gain exclusive access to some of the finest coffee in Colombia. From the sprawling metropolis of Bogotá, to the City of Eternal Spring, Medellín, to tiny pueblos and islands in the crystal waters of the Caribbean, you'll experience the best of this country, which features nearly perfect weather year-round.

Meet Colombian families (who usually greet with a light hug and kiss on the cheek) and have a chance to dance salsa, a thrilling dance that flows through the pulse of every citizen. Colombians are known in the Andes regions for their modern and hip fashion sense and their sense of humor. Tipping is not generally expected except at restaurants (they'll ask for it to be included – 10%). On the coast, dress comfortably, it's hot!



Colombian food is generally hearty and heavy, but many restaurants in the large cities are leading culinary movements to modernize traditional flavors. And while coffee is traditionally served with sugar, new modern cafés are serving the most intricate and strictly prepared cups in the world, scored by Q-Graders and brewed by trained baristas.

We want you to experience the true and authentic Colombia, full of thrills and surprises that generate memories you'll recall for the rest of your life.





## **RECOMMENDED DESTINATIONS**

### **BOGOTA – 3 NIGHTS**

Welcome to the capital of Colombia, one of the 25 largest cities in the world. Founded in 1538, Bogota boasts the third highest altitude of any big city in South America, where the average temperature is around 58 degrees Fahrenheit. The political, international, and culinary hub of Colombia, Bogota offers highlights both from the past and the present. A modern and metropolitan city, Bogota features soaring churches, a Bohemian arts scene, high-end shopping, and views from the cliffs above the city of 11 million people.

### **MEDELLIN AND SOUTHEAST ANTIOQUIA – 2 NIGHTS**

Once one of the most notorious cities in the world, Medellin is now known as one of the safest in South America and one of the most innovative in the world. The hub of Colombia's medical and tech sectors, the city is nestled in the Valle de Aburrá and offers breathtaking views in almost every direction you turn. A modern and efficient metro runs north to south with metro cable gondolas offer rides up each side of the "City of Eternal Spring." The tropical temperatures average 72 degrees Fahrenheit throughout the year, with average highs around 80 degrees, and nightly lows of 60.

### **CANNUA – 2 NIGHTS**

Located an hour and a half from Medellín, you'll have your experience from Cannúa, Colombia's first sustainable, high-end eco-retreat. The sweeping views of the Valley of San Nicolás feature average temperatures of 75 degrees Fahrenheit throughout the year, with average daily highs around 80 degrees, and nightly lows of 60. The building is made from compressed earth bricks, sustainable bamboo, and handmade furniture. Here you'll learn about some of the traditional activities of local life like the flowers featured throughout the movie Encanto.

### **CARTAGENA – 2 NIGHTS**

Founded in 1533 by the Spaniards, Cartagena once played a central role in Spain's political and economic activity in the New World. The city was declared a UNESCO World Heritage Site in 1984. Cartagena is known as a very warm city with average year-round temperatures of 88 degrees Fahrenheit with 90% humidity and lows of 75 degrees, with beautiful breezes rolling off the Caribbean Sea. Walking through the streets of the old city you are exposed to vibrant colonial colors and architecture, bustling street life, and world-class cuisine.



## BOGOTA





## ARRIVAL: DAY 1

Welcome to the beautiful Andes mountains of Colombia! With three ranges of the Andes running through the country, you'll start your trip in the eastern section and in the highest major city in the country. A sprawling metropolis with a long and fascinating history, Bogotá is a modern mega-city including various distinct neighborhoods that comprise the political and gastronomical capital of Colombia.

We'll be waiting to greet you at the airport as you come through customs and ready to shuttle you over to your hotel to get settled in. Depending on how you are feeling we can head out to see part of the city. Welcome to Colombia! You are going to have one of the most memorable trips of your life!



## DAY 2: BOGOTA – EXPLORING THE ROOTS OF LA CAPITAL COLOMBIANA

In the morning, taste your first Colombian arepa before we pick you up to head to the neighborhood of the Candelaria, home to some of Bogota's most famous universities and the city's most popular walking streets. Pass by modern buildings nestled against colorful and detailed street-art murals, leading to some of Bogota's oldest neighborhoods where original colonial houses still stand. As you walk the historic streets, learn about Bogota's culture and rich history of the city's art.



We'll begin by transporting you back in time as you enter the famous Gold Museum (Museo de Oro). Full of thousands of spectacular gold art works, the museum displays artistry and crafts created by the indigenous peoples of the Andes mountains, with some pieces dating back thousands of years and pre-dating the creation of modern metalwork tools. Your expert and private guide will help you to understand both where the pieces come from and how they were made, as well as how all of the tribes fit together. Colombia has one of the highest quantities of indigenous tribes in the world, all of whom were influenced by Colombia's mega-diversity in geography, flora and fauna.

The Museo del Oro is truly a treasure and afterwards we'll lead you to one of the center's oldest restaurants to lunch on ajiaco, a chicken-based stew made famous in Colombia's capital city.

As you continue walking post-lunch along beautiful canals and old restaurants, you'll see a variety of architectural styles as you come to Plaza Bolívar, the civic heart of the country. Here you'll find the city's expansive cathedral, local and federal governments, all nestled against the presidential palace, La Casa de Nariño. You'll learn about Colombia's political structures and beliefs.



Finish your day as you take the cable car up to the famous viewpoint of Monserrate, which features some of the finest views of Bogotá. Watch the sun set as the city spreads out before you and turn to see the massive expanse of forest and peaks of the eastern Andes mountains behind you. Enjoy a warm cup of aguapanela (local beverage made from the concentrated sugar cane) or hot chocolate before heading back down the mountain to get ready for dinner.

### Dinner Recommendation: **Leo**

Owned and run by one of Colombia's most important chefs, Leonor Espinosa. Espinosa is one of the most important leaders in contemporary Colombian cuisine and has rescued several lost Colombian flavors, she has been named the best female chef in the world and her daughter one of the best sommeliers.

<http://restauranteleo.com/>



## **ZIPAQUIRA: THE UNDERGROUND SALT CATHEDRAL**



## DAY 3: THE SALT CATHEDRAL BY HORSEBACK – ADVENTURE & ARCHITECTURE

In the morning, take your time with the hotel's gourmet breakfast and enjoy a departing cup of high-quality coffee in a professionally prepared French Press before heading north out of Bogotá. Today, you'll get a sense of Bogotá's history and underground architecture.

But first, get ready to ride in the footsteps of history as you head on horseback toward the famous Salt Cathedral of Zipaquirá. You'll follow old royal trails as you head through the Savannah of Bogotá past Cold River, several large haciendas, and various active farms.

After lunch you'll arrive at the historic and famous Catedral de Sal, the largest underground and salt church in the world. Created from a converted salt mine, the caves played an important role in the mental sanity of salt mine workers and have played home to some of the country's most incredible concerts.

You'll be guided through the famous mines as you learn about how they were created and the devout religious history of the miners and constructors.

You'll gaze at dry salt cascades and intricate figures carved out of salt stone in the depths of the earth. Walk past pools of salt water left behind by the original mining projects and examine detailed sculptures that could easily be placed in a museum, but instead part of the rock hundreds of feet below ground.

The salt that was once the economic driver of the mines now fills the halls, and the religious and historical stories told in the underground scenery epitomize the Catholic background of Colombia, with 13 enormous stations of the cross in still-life throughout hundreds of meters of depth.

Once you reach the bottom, you'll receive a massage inside the mines! Relax your muscles from the long ride and walk through the mines before heading back to Bogotá for the evening

### Dinner Recommendation: **El Chato**

Recently named the 5<sup>th</sup> best restaurant in Latin America, El Chato utilizes local and lesser known ingredients to make gorgeous and high-end modern dishes. <https://elchato.co/>





## MEDELLIN



## DAY 4: MEDELLIN – THE FINE ART OF THE CITY OF ETERNAL SPRING



Medellín is known for its sense of modern fashion and design, but it is also historically an arts hub for Colombia, home to some of the country's most famous painters like Fernando Botero, Debora Arango, and Pedro Nel Gomez. Today you'll explore some of the most important arts hotspots in the city. Based on your preferences, the day can be customized to focus on classic or modern art.

After breakfast, you'll head to the University of Antioquia to visit the Museum of the Arts Department. The University is considered to be one of the top three in the country and is the best public university. You'll get a sense of the formation of Young artists in Medellín and learn about the art history that is seminal to their formation.



This will form the base for the transition over to the nearby Museum-house of Pedro Nel Gomez. Gomez, a contemporary and friend of Diego Rivera, is one of the most important Colombian artists and known for his biting social and political critiques, especially in public spaces of Medellín. You'll learn about his quest to remove narcissism from Paísa culture, and to tell the story of the real trials and tribulations that Colombians faced during the last century. Gomez's opinión was so important that he served as an early influence and critic of Fernando Botero



You'll then walk nearby to have lunch at In Situ, the elegant restaurant at the Medellín Botanical Gardens. If you keep an eye out you might spot some monkeys or sloths in the trees outside! Once done eating, head to Parque Berrío/Plaza Botero to explore both the world-famous sculptures of Fernando Botero in the plaza and walk through the Museum of Antioquia, full of sculptures, paintings, and drawings donated by Botero himself to his home city. We'll have one of the museum's experts come and explain to you the significance of Botero's work as you walk through the exhibits.



As you head back toward the neighborhood of El Poblado, you'll stop at the Modern Art Museum to wander through the temporary exhibit of local artists and come full circle on the day's formation of Colombian art. If available, we'll have one of the local artists or professors explain to you the significance of the work. The Building itself is a work of art as it is a reformed iron foundry!

Finally, you'll finish the day back in El Poblado where you'll wander a few local galleries and have private Access to a local artists gallery to see pieces in production. You'll head back to the hotel inspired by the day's learning!



## TRUE AROMA: COCONDO



## DAY 5: COCONDO – WHAT IT TRULY MEANS TO BE ORGANIC

Deep inside the mountains of Titiribí, Antioquia you'll find an incredibly diverse forest, and inside this very forest you'll find the coffee fields of Cocondo, the only certified organic farm in Antioquia and one of few in Colombia.

To reach this magical place we'll leave Medellín in the morning and head about an hour and a half to Titiribí and into the "maceta" of a mountain, driving past breathtaking views of Cero Tusa and the Rio Cauca. On the ridge of the mountain you'll find an enormous forest with a 45-degree entrance, only accessible by trucks with 4-wheel drive.

Entering the finca we'll make several stops to understand how coffee can grow inside this forest, sharing space with plants like cardamom, starfruit, and guanábana. We'll discover the four levels of forest that are all working together in harmony and gain a true sense of place.

At Cocondo, apart from having one of the most impressive views in Antioquia, we are going to understand what it really and truly means to be organic. We'll see how to produce organic charcoal, fertilizer created from coffee shells, and how to naturally cultivate microorganisms found in nature that aid in coffee growth.

You'll walk past a true water birth flowing fresh from the mountainside and past exotic flowers, helicons, and animals you may have never even heard of!

Once we arrive at the house, we'll have a refreshing fresh organic fruit juice and delicious lunch prepared by the owners and the workers at the farm before continuing on to see the farm's green house, organic processing workshops, organic chicken houses, and the pig pen where natural gas is created to feed the kitchen.

As the sun goes down, enjoy one of the most majestic views in Colombia from a guadua-constructed viewpoint as you sip on wine or beer and then head back to Medellín for the evening.





## **EASTERN ANTIOQUIA**



## DAY 6: PERMACULTURE AND HIKING – A DAY IN THE ANDES



In the morning you'll be shuttled over to Cannúa, Colombia's very first sustainable, boutique, high-end ecolodge. The impressive project is designed from the ground up based on permaculture principles and is a leader in ushering in the future of responsible tourism. Once you arrive, head out with Cannúa's chief permaculturist. You'll learn all about the philosophy of the hotel including Cannúa's innovative bioconstruction that makes it the first hotel in the world built primarily out of compressed earth-bricks made on site. Permaculture is in the DNA of the hotel and present in the buildings, the gardens, and the enormous forest.



After lunch, you'll enjoy even more delicacies! You'll have a private chocolate tasting in which you'll learn about the history of cacao and its importance in Colombia while you taste some of the best artisanal chocolate in the country. You'll then have a little time to digest and rest before your next activity.



In the late afternoon, you'll take a guided hike up Cannúa's pre-Hispanic, indigenous trail. On the way, you'll learn about this historic property, the indigenous and colonial importance of the region, and the diverse flora and fauna that inhabit Cannúa. The hotel has over 100 bird species that live there! On the way down, you'll be treated to an unforgettable sunset as you reach for a glass of wine and rest before dinner.



Cannúa's executive chef is one of the most accomplished chefs in Colombia, and he has designed Cannúa's menu to function with the same philosophy of the hotel. It's one of the most lauded restaurants in Antioquia, and you'll be delighted by new flavors and modern dishes created from indigenous ingredients and distinctly Colombian bases. You'll definitely want some dinner before your final activity of the evening!

Did you know that Colombia produces some of the finest ranked rums in the world? You'll (Ilene and Edwin) have a private rum tasting in which you'll learn how rum was first created and its importance in Caribbean countries. You'll also taste 5 extraordinary rums!

You'll head to bed relaxed, inspired, and rejuvenated from this incredible day in the Andes.

### Dinner Recommendation: **Cannúa**

Cannúa's restaurant was twice voted by La Barra magazine as the best fine dining in Colombia and mentioned as a leader in the future of Colombian cuisine.



## DAY 7: OFF THE BEATEN PATH – CACAO AND RAFTING



Get ready to go where very few foreigners go to see the wild Colombia! After breakfast you'll head out to the off-the-grid town of San Francisco, Antioquia. About a 60-minute drive from Marinilla, San Francisco features a distinctly different flora and fauna.

As the weather warms, you'll head up to the home of a family that was displaced by violence in other parts of Colombia around 20 years ago. The family now has become expert cacao farmers. Here at the farm you'll walk around learning about the cultivation of this sacred fruit, and see the entire artisanal chocolate making process from bean to bar. You'll walk around the exotic farm learning about each step of cultivating and harvesting cacao, and have a chance to grind some of your own into the first stages necessary to make chocolate!

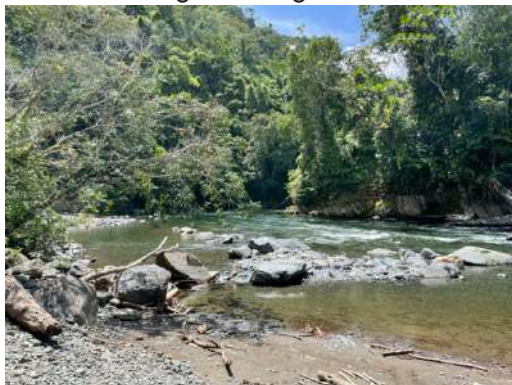


Afterwards, you'll use the energy you created in eating some chocolate by heading out for pure adventure. After a short drive you'll reach a rarely visited river that feeds into the larger Samaná river. On this stretch, you'll be able to enjoy beautiful views, tropical bird sightings, and level and 3 and 4 rapids!

Grab your paddle, listen to your boat pilot and row as synchronized as you can to stay in the boat! The river was used for an international kayaking race, and is now an amazing place to raft without running in to hardly anyone else. You'll stop on the river bank with a chance to have some food and refreshment before making your way down the rest of the river.

You'll even have a chance to exfoliate with some of the cacao you ground in the morning, and wash it off in the river for a truly and wholly Colombian experience.

Once you reach the end of the navigable portion of the river, we'll head back to Cannúa to rest for the evening, recharged from the adrenaline





## CARTAGENA





## DAY 8: CARTAGENA – A WALK THROUGH 500 YEARS OF HISTORY



As the sun rises on the beautiful and staggering Andes mountains, you'll have a lovely breakfast before heading back toward the international airport for a short flight to the Caribbean coast and your final destination, Cartagena.

You'll be staying right in the heart of the "ciudad amurallada," the old walled city of Cartagena. Here you'll encounter enchanting streets and plazas lined with gorgeous bright yellow and blue walls of buildings that define the colonial architecture of this 500-year-old city.

After getting settled, walk off the sleep as you discover the history of Cartagena. You'll see the city through a lense of analyzing the city's architecture and form. Start at the Castillo de San Felipe de Barajas, one of the largest Spanish colonial fortresses ever built. As you walk the walls and tunnel systems of the fort you'll gain an understanding of why, despite several attempts by outside forces, the Castillo de San Felipe was always successfully defended. You'll see ingeniously designed pathways, acoustic passages, and even false plazas to confuse the enemy.

After lunch, you'll head out on foot to explore Getsemaní, one of Cartagena's most exciting and changing neighborhoods. You'll learn a bit about the life of the people in this area and the relationship they have had with the main walled city. You'll walk alleyways and see some of the famous street art in this bohemian neighborhood, before heading to the historic neighborhood of Manga, where you'll see some of the most important colonial homes on the coast.

Finally, tour of some of the key landmarks in this city that was a key hub in Spain's inter-continental empire and later instrumental to Colombian independence. You'll explore old wealthy homes and walk through neighborhoods like the one where Gabriel Garcia Marquez lived. Stop by and check out the famous bóvedas, once a prison but now a collection of small artisanal and souvenir shops. Feel free to browse at your pace and head back through the streets to go shopping for emeralds, gold, jewelry, and high-end clothing.

After the sun goes down you can wander the beautiful lit streets of the walled city and experience one of the excellent restaurants that the city features.

### Dinner Recommendation: **Candé**

The perfect complement for a day exploring the history of Cartagena is a night exploring the gastronomy of Cartagena. Candé serves exceptional, gourmet-quality coastal food giving you the best highlights of traditional flavors and dishes in Cartagena. <http://restaurantecande.com/>



## DECEMBER 9: ISLAS DEL ROSARIO – PARADISE IN THE WARM CARIBBEAN WATERS



Indulge yourself in the warm, crystal waters of the Caribbean to celebrate your next day in Cartagena.

Wake up and enjoy some fruit at the pier while waiting for your private speed boat to take you to the tiny islands of the Islas del Rosario, a small archipelago of 30 islands located about 60 miles out to sea from Cartagena.



Get ready to plunge into the depths of the warm waters as you pass by pristine reefs and look out for the invasive lionfish, eels, lobsters, and more. You'll have some time to relax on your private boat stocked with snacks and refreshments. You can carve your path between the islands or spend some time on one of the white-sand beaches of the islands. You'll have a fresh seafood lunch and water to refresh yourself as you beat back the heat of the day.



You'll enjoy tranquility away from the crowded beaches of Boca Grande and Playa Blanca.

In the late afternoon, return to Cartagena to relax for the evening, settle in and getting ready for a beautiful dinner in the enchanting Cartagena night.

### Dinner Recommendation: **Celele**

One of the "50 Best Restaurants in Latin America," Celele features traditional and little-known Colombian dishes, flavors, and ingredients turned into innovative and creative new dishes.

<https://celelerestaurante.com/>



## DEPARTURE: DAY 10

On your final day, wake up early to enjoy your last morning in Colombia. Walk around the neighborhood, explore the old city walls, and enjoy some final bites of local cuisine. Explore Cartagena's artisanal shops as we explain some of the traditional Colombian goods such as the "mochila" bags, a product hand-stitched by the indigenous peoples of the coast. Grab any last souvenirs or goods before we head to the airport and back home.





## OPTIONAL ADD-ON: THE AMAZON





## DAY 1: AMAZON - ARRIVAL AND MEDICINAL PLANT WALK



Welcome to Leticia, the southernmost point of Colombia! Everything you see on the other side of the river is Peru, and in a short 10-minute taxi ride you can enjoy a fresh made caiparinha in Brazil.



After a morning of flying you'll arrive in Leticia, the Colombian capital of the department of El Amazonas where you'll be greeted at the airport by a member of True Colombia Travel as well as our local host. We'll arrive in time to have lunch in the city at one of the best restaurants in the region.

Afterwards, we'll head to a private reserve run by three of the indigenous communities in the area in conjunction with the National University and an NGO. Here, the communities and academics are studying the scientific effects of plants used in traditional medicine. You'll learn all about the plants and the historic culture of the tribes in the area.



Afterwards, we'll head back to the main park to see the arrival of thousands of parrots that spend the night in the principle plaza of Leticia. The night will finish off with a short trip over to Brazil for dinner. As we cross the enormous unprotected border you'll immediately notice the change in language, currency, and foods!

Finally, head back to the hotel for your only night in the city, as tomorrow you'll head out to see the villages and the wilderness!

Dinner Recommendation: **All meals in the Amazon included in the package, we suggest trying to eat Pirarucú, the second largest freshwater fish in the world and one of the most incredible tastes in the Amazon!**



## DAY 2: AMAZON - INDIGENOUS COMMUNITY AND RESERVE WALK



From Leticia take a boat out on the Amazon river toward the incredible village of Puerto Nariño. As you head down the river glance shots of wild pink river dolphins playing in the different tributaries of the river and the various pueblos that line the way. Once you arrive you'll visit a nearby indigenous village in order to learn about the local culture and the history of life in the area. The community is made up of the Vergel or "Mocagua" tribe members. You'll have a chance to see how they live and what local life is like in the village.



Afterwards you'll head out across the river to walk through the land of one of the indigenous communities on the Peruvian side of the river. Your guide will stop to spot sloths, exotic birds, and tropical fruit that hangs above the water line, enticing the plethora of wildlife in the area to come forward. As your boat glides along the water keep an eye out for the different pink river dolphins hunting in the area. If you are lucky you might spot a manatee in the water or a tapir along the banks.



You'll witness the evolution of plants and insect life in the area, and you'll likely hear your guide talk more about medicinal plants as you hear about their importance in legends and myths of the local indigenous communities.

By the end of the day you'll feel exhausted but inspired by the enormity of the "lung of the planet," the Amazon forest.

You'll have the late afternoon and evening to relax back at the village of Puerto Nariño and settle in for your second night in the Amazon.



If you have the energy you can head out for another hike at night after sunset or just get ready to relax for the evening.



## DAY 3: AMAZON - "FLOODED JUNGLE" AND PUERTO NARIÑO

After breakfast head out on speed boat to check out some of the Amazon's hidden lakes. The pools are incredibly deep and large during the wet season, but completely dry during the drought season, revealing the bases of 100-foot trees that appear like young brush in the wet season.

Your guide will stop to spot sloths, exotic birds, and tropical fruit that hangs above the water line, enticing the plethora of wildlife in the area to come forward. As your boat glides along the water keep an eye out for the different pink river dolphins hunting in the area. If you are lucky you might spot a manatee in the water or a tapir along the banks.

You'll then head back to explore the incredible village of Puerto Nariño and have lunch. Puerto Nariño is a small village in the middle of the Amazon inhabited mostly by members of the surrounding tribes. It is also one of the most organized and beautiful communities.

As the afternoon wanes, jump back into the boat and head out into one of the lakes or tributaries and jump in the water to cool off! Don't worry, the piranhas won't bite here.

You'll then head to a small village of the Tikuna indigenous peoples where. The Tikuna are shy but very hospitable. You'll then get ready to head back to Calanooa for the night. If you have the energy you can head out for another hike or just get ready to relax for the evening.



## **DAY 4: AMAZON - PIRANHAS AND TRANSFER TO BOGOTA**

The Amazon is mysterious and powerful and there is a lot to see!

After breakfast you'll head out to fish for piranha! The fish gets a bad reputation but is actually quite common in the Amazon and not a threat to humans.

After a short ride, grab your fishing poles and get ready to fish for piranhas, using chicken meat as bait! You'll learn how to simulate struggling animals to attract the fish and try your hand at catching a decent sized one for dinner.

Afterwards, we'll head back to have lunch before heading back to the airport. You'll be flying all the way back to Bogotá!





### Suggested Trip Plan:

Day	Location	Activity	Night
1	Bogotá	Arrival	Bogotá
2	Bogotá	City Excursion	Bogotá
3	Bogotá	Salt Cathedral on Horseback	Bogotá
4	Medellín	Transfer and True Medellín	Medellín
5	Titiribí	True Aroma: Cocondo	Medellín
6	Cannúa	Permaculture, Chocolate, Hike, and Rum	Cannúa
7	San Francisco	Cacao and Rafting	Cannúa
8	Cartagena	Transfer and City Excursion	Cartagena
9	Cartagena	Rosario Islands	Cartagena
10	Cartagena	Departure	-

### Preferred Hotel Choices Based on Availability:

City	Hotel	Website
Bogotá	B.O.G.	<a href="https://www.boghotel.com/">https://www.boghotel.com/</a>
Bogotá	Sofitel Victoria Regia	<a href="https://bit.ly/2KpWw5W">https://bit.ly/2KpWw5W</a>
Medellín	El Cielo	<a href="https://www.elcielohotel.com/">https://www.elcielohotel.com/</a>
Medellín	Quinta Ladera	<a href="https://www.quintaladera.com/">https://www.quintaladera.com/</a>
Marinilla	Cannúa	<a href="http://www.cannua.com">http://www.cannua.com</a>
Cartagena	Santa Clara	<a href="https://shorturl.at/gkprw">https://shorturl.at/gkprw</a>
Cartagena	Santa Theresa	<a href="https://www.hotelcharlestonsantateresa.com/">https://www.hotelcharlestonsantateresa.com/</a>
Cartagena	Bastión Luxury	<a href="http://www.bastionluxuryhotel.com/">http://www.bastionluxuryhotel.com/</a>
Cartagena	Quadrifolio	<a href="https://www.hotelquadrifolio.com/">https://www.hotelquadrifolio.com/</a>
Cartagena	Amarla	<a href="https://amarla.co/">https://amarla.co/</a>

## **PROPOSAL FOR TRISTAN DAVIS – WELL TRAVELED TEXAN**

- 10 travelers for 10 days/9 nights arrival and departure included) – we request booking with at least 1 month of anticipation. \*Additional fees may be applied if booked with less time; travel suitable year-round.
  - Prices for more clients available upon request
- The price of this proposal includes:
  - All domestic transport including ground, air, and water;
  - Transport to and from all airports and hotels;
  - Hotel and housing accommodations in each destination, minimum standard of 4-stars when available;
  - Admission to all indicated activities;
  - Guides and translators at each destination and activity (English and Spanish guaranteed, extra price for other languages);
  - Monitoring of all flight schedules and troubleshooting of any issues that may arise;
  - 24-hour emergency contact numbers;
  - Colombian Travel insurance for each client that comprehensively covers health throughout the country, expatriation, and some luggage issues;
  - All breakfasts and lunches;
  - Accompaniment in each destination by a member of True Colombia Travel or a highly trusted and experienced partner with whom we have worked before, unless otherwise stated or indicated, or by client request;
  - Water or other refreshment during transport and most activities.
- The price of this proposal does not include:
  - International travel between Colombia and any other nation;
  - Dinner, wine/beer unless explicitly indicated;
  - Food, gifts, wine, beer, or liquor when not explicitly stated;
  - Purchases made by the client outside of the parameters of this proposal;
  - Changes to the itinerary not caused by activity of True Colombia Travel;
  - Evening travel/taxis during free time (unless otherwise indicated).
- The price of this proposal is subject to change based on final agreed itinerary by the client including days, locations, and number of participants.
- After receipt of initial deposit, we will send a full detailed itinerary open to continued customization if the client wishes.

<b>Number of Travelers</b>	<b>Total Cost USD Per Person</b>
<b>10 Travelers</b>	<b>\$ 3,495</b>
<b>Single Room Supplement</b>	<b>\$1,060</b>
<b>Amazon Add-On</b>	<b>\$1,880</b>







**TRUE COLOMBIA TRAVEL S.A.S**

NIT: 901026336-0 RNT: 48744

✉ [info@truecolombiatravel.com](mailto:info@truecolombiatravel.com)

🏠 [www.truecolombiatravel.com](http://www.truecolombiatravel.com)



@truecolombiatravel

### **Additional Terms:**

If for any reason you'd like to change the dates of the trip we will do our best to accommodate them as long as the request is made at least 48 hours before the first scheduled event. The only additional costs incurred will be changes associated with reservation or increases in costs of services for the reserved items.

### **Insurance:**

We will acquire travel insurance for each client in your group for each of the dates that you are with us.

While our insurance is quite comprehensive (covers most health concerns and some baggage issues), it is your responsibility to arrange additional insurance for yourself, your baggage, and personal liability during the duration of the trip to Colombia.

Though we do not anticipate any issues, you may choose to purchase emergency evacuation and medical insurance. Our insurance does cover extraction and rescue, and can be used as a primary or secondary insurance.

If you decide not to purchase insurance, please write to us stating that you understand the risks and have chosen on your own to accept them.

There are many different companies that offer comprehensive insurance at good prices. Here are a few recommendations but please browse around as services and prices vary.

- World Nomads [www.worldnomads.com](http://www.worldnomads.com) (844) 207-1930 (I've personally used them as well as other friends and had very positive experiences)
- Travelex Travel Select <http://www.travelexinsurance.com> (800) 228-9792
- Travel Guard <http://www.travelguard.com/> or Travel Insurance Services <http://www.travelinsure.com>.
- Travel Insurance Services (Walnut Creek, CA) <http://www.travelinsure.com/cobrand/select/photoex> phone number is (800) 937-1387
- Atlas International Insurance (HCC Medical Insurance Services) and underwritten at Lloyd's of London, offers travel insurance at reasonable rates, with plans starting at as little as \$1 a day. <http://www.visitorsmedical.com/atlasinternational.html>
- American Express also has a good insurance plan for their premiere members.
- Seven Corners also offers affordable rates. <https://www.sevencorners.com/insurance/HW7C6YH>



## **SUSTAINABILITY POLICY**

True Colombia Travel, S.A.S., understanding the importance of sustainable and responsible tourism development in Colombia, has decided to adopt the Technical Standards of Sustainable Tourism as its guiding principles to carry out all of its activities inside of Colombia.

By complying with NTS - TS 003, which corresponds to Travel and Tourism Agencies, we accept the commitments aimed at preventing illegal trafficking of flora and fauna according to the regulations established for this purpose. Within these commitments, we accept the norms of conservation, promotion, prevention, and distribution of materials that identify the environmental heritage of the communities or regions that we offer as destinations.

Within our principles, we include fair hiring and workplace environment policies, in which we guarantee safe, fair, and welcoming working conditions for people who begin to work with us. In addition to this we strive to assist and train local communities in which we work and to contract with the people who comprise these communities.

We are committed to the prevention of Sexual and Commercial Exploitation of Children and Adolescents (SCECA/ESCNA) as well as ensuring timely reporting to competent authorities of any suspicious or illegal behaviors or activities that infringe upon the law in this manner.

## **GENERAL TERMS AND CONDITIONS**

True Colombia Travel, S.A.S. is a Colombia-registered company under the Camara de Comercio (Chamber of Commerce) of Eastern Antioquia in Rionegro. The registered address is Kilometro 7 +200, Marinilla, Colombia, in partnership with Caimo Collection S.A.S. We are devoted to providing customized travel throughout Colombia.

Contact us anytime: [info@truecolombiatravel.com](mailto:info@truecolombiatravel.com) or +1 (646) 569-9196

## **Application of Terms and Conditions**

### **Colombian Law**

As we are a Colombia-registered company, our contracts will be governed by Colombian law, although all contracts will be offered in the English language. Any dispute will be resolved in good faith with the customer but ultimately by Colombian arbitration and courts. Our terms do not affect clients' statutory rights.

### **Financial Terms**

All payment terms and conditions are laid out in customized proposals. Initial deposits are not refundable, but subsequent payments are refundable based on terms within the travel agreements and payment terms may be negotiated based on agreement of terms by True Colombia Travel.

### **Protection of Personal Data**

We absolutely will not use any personal data related to clients for any purposes other than the creation of client documents and proposals and for internal database use. True Colombia Travel will not share or sell any client data to third parties except when related to the booking of necessary reservations in connection with the compliance of our service contracts or wherein explicitly permitted by you. Any further inquiries about personal data obtained or used by TCT can be sent to [info@truecolombiatravel.com](mailto:info@truecolombiatravel.com)

### **Services**

Clients may purchase one of three products: (1) A bespoke and customized travel package that includes more than one full day of travel, including hotel and transport; (2) a planned package detailed on the website, which includes all internal travel, overnight accommodations, breakfasts and lunches, and activities; (3) a short-term menu of bespoke activities and/or transport negotiated between the client and True Colombia Travel and agreed upon in a bespoke contract. In the case of the third option detailed, our



obligation is to provide reasonable accommodation and service. Your contract will be with True Colombia Travel, not a third party supplier.

### **Booking Terms**

All trips are subject to availability. All bookings agreed upon are considered an offering to purchased discussed services. True Colombia Travel reserves the right to accept, refuse, and/or cancel services at any time. All agreed upon contracts and services will be executed in accordance with our highest standards, services, and reasonable skill to complete our obligations to you as stated in our Terms and Conditions. Bookings will only be considered valid and respected if made by persons aged eighteen years or older. For groups of two or more, payment terms must be met for each person in order to comply with terms and conditions. The initial deposit payment will be treated by us as confirmation that you have read, understand, and accept all of our Terms and Conditions. It is important that you provide us with all requested information and documentation and it is your responsibility to ensure that the information you provide us is correct.

### **Visual Data Release**

By booking with True Colombia Travel you agree, unless expressly stated otherwise, that you allow True Colombia Travel to use any photos or video taken by TCT staff and representatives during your trip, in which you appear, for any and all media, promotional, and commercial materials including but not limited to our website, social media accounts, newsletters, and printed materials. We will only use your first name and country of residence as identifiers. We will never use your full name or personal information unless written permission is otherwise given. Additionally, any statements you provide to us by email, in writing, in response to surveys and questionnaires or on public review websites like TripAdvisor can be used by us on our website and in promotional and commercial materials with due effort made to protect your privacy and identify.

If you do not wish to be included in any of these materials you must write to us stating your wishes not to be included. After reception of your request we will remove your photos or information in the fastest reasonable manner. This request must be made within 30 days of your trip to prevent future printed materials or 30 days of posting on the internet.

### **Payment and Account Accuracy**

A price for each bespoke tour will be given at the time of proposal. In the case in which you choose one of our suggested itinerary tour packages, a price will still be given after an initial conversation with the client. Depending on activities added or subtracted we reserve the right to adjust the price with the client's knowledge until the time at which the proposal is agreed upon and deposit is placed. In order to secure a booking you will be required to pay us a non-refundable deposit of between 33% and 50% of the proposal price for each traveler. Dates for subsequent payments will be fixed within the final proposal and payment instructions. Depending on the amount of days booked before travel, we may require a deposit in excess of 50%. This is because several Colombian service providers (hotels, airlines, specific guides) often require a 100% up-front payment to secure a reservation. In order to secure many of these reservations we will also require legible copies of the passports of all travelers in your party at the time of the initial deposit. A scanned e-mail copy is fully acceptable. These documents will not be made available to anyone outside of our office staff, except where necessary to complete a reservation or activity. We will under no circumstances sell, share or otherwise compromise this information.

If due dates for payments are not adhered to nor otherwise and previously advised, we will treat the booking as cancelled by you and you will be liable to our cancellation fees as noted in our payment document (see changes or cancellation sections for more details). We accept payment via PayU (Visa, Mastercard) and transfer via PayPal's international service Xoom. For any special or late delivery of documents for part of the client, an administration charge will be applied at cost of delivery or minimum of USD \$35 per booking. Additional costs may be applied to any changes carried out by us at your request (see changes or cancellation sections for more details).

## **Booking**

Should any change of pricing occur, clients will be notified prior to payment of the initial deposit. Any changes thereafter to the itinerary may include additional charges for which the client will be notified prior to confirming the itinerary. Proposal prices can be stated in United States Dollars (\$ USD), British Pound-Sterling (£), Euros (€), or Colombian Pesos (COP).

We guarantee the price and itinerary agreed upon in the final proposal upon receipt of the initial deposit. However, any additional charges that result from increased transportation costs, itinerary changes, port fees, or fluctuations in the exchange rate may be passed on to the client. No additional charges will be passed on within two weeks of the scheduled date of departure.

We reserve the right to pass along any additional charges incurred during the trip as a result of client action including, but not limited to: extra luggage charges and other unforeseen transportation charges, extra charges incurred at hotels such as mini-bar usage, additional guide services not scheduled and agreed to in the proposal.

Our proposals include almost all costs except international travel, dinners, and visa fees.

Our proposals do not include personal client expenditures, hotel extras, extra transport of fees incurred by clients outside of scheduled tour events (free time), taxes of compulsory charges paid to the government at point of travel (apart from certain applicable port fees), regulatory bodies or airlines after you have booked, security charges, or extra travelers insurance by your part.

Final price and inclusions will be sent to you and confirmed by us at the time of booking.

Note: prices fluctuate depending on the number of people in the travel party. Different prices may be offered by True Colombia Travel to you depending on the number of people you may include in the booking. Certain numbers of people change certain price breaks so not all discounts will be equal. We reserve the right to apply further charges where the number of people booking falls below the amount required to offer a discounted rate. We also reserve the right to cancel or change the rate of travel if the number of people in a group lowers prior to the third and final payment.

## **Changes Made By the Client**

In the case in which a member of your travel party cannot travel for any reason (including illness or death) we will gladly transfer their reservation to another person of your choosing as long as you notify us in writing and the person sends us travel information and a passport copy in reasonable time to make reservation changes. Should you request other changes to the itinerary after the initial booking process has been completed we will make a reasonable effort to meet your request but cannot guarantee the availability of changes. If a person from a booked group backs out after initial bookings are made, the group will still be responsible for fixed fees associated with the booking. All changes to the itinerary and/or travelers involved must be received in writing prior to making changes. Changes to groups will be authorized by a group leader, responsible for coordinating with True Colombia Travel. Changes to itinerary may cause extra fees that will be applied to the client(s). If a change is requested to an airline ticket or other transportation that cannot be changed, the client(s) will be responsible for the cost of the original ticket as well as the cost of a new ticket.

## **Cancellations Made By the Client**

If you wish at any time to cancel all or part of your trip or that of anyone in your group after the initial deposit has been made, you must provide us your wishes in writing. A group leader must do so in the case of a group.

Unless otherwise stated, we will assess the following rules to payments:

- The initial non-refundable deposit



- A second payment that is 50% refundable as long as the trip is canceled 60 days or more ahead of travel date.
- A final payment that is 75% refundable as long as the trip is canceled 30 days or more ahead of travel date.

We must assume costs of reservations as soon as you make your deposit. For that reason you must compensate us for any losses and expenses incurred as a result of cancellation by your part as outlined by the bullet points above. We recommend that you purchase insurance to cover cancellation.

### **Cancellations Made By True Colombia Travel**

We will do everything within our reasonable power to ensure the trip which we have contracted with you. As operational norms in Colombia are often unpredictable, we may be faced with unforeseen closures of certain attractions, faced with particular holidays that affect travel and availability, and other changes that often affect travel in the country. As we work to make your reservations as much in advance as possible it is not uncommon for us to be faced with the necessity to alter parts of the itinerary. We reserve the right to make these changes in the best interest of the client, and will keep the client abreast of changes that occur.

Changes that occur are often minor but at times may create "major" shifts to the itinerary. A "major" change is any one which results in a fundamental change to the itinerary and terms of the contract, including but not limited to: price changes, departure airports, destination changes, downgrade in hotel, decrease or increase of trip times by more than 12 hours. Any "minor" changes include everything else that does not fundamentally change the contract. We will attempt alert you to any changes as soon as reasonably possible, although we withhold the obligation to alert clients as some changes are minor and alerts would be cumbersome or a potential nuisance to the ease of conversation.

We are not obligated to compensate you for any minor changes made. However, if we have to make a major change we will notify you as soon as possible and offer the following options:

- Agree to any changes and price shifts and continue as planned;
- Change the itinerary altogether, change parts of the trip or change the dates (based on availability);
- Reduce the length or scope of the trip and receive a partial refund;
- Cancel the trip altogether and receive a refund on all funds paid by you to us above the cost of the initial deposit.

In the event that the trip must be canceled for reasons within our reasonable control, we will refund to you the full price paid for the trip.

We will not compensate or accept liability for changes that occur beyond our reasonable control, including but not limited to: strikes, lock-out or labor disputes, natural disasters, war, riots, civil unrest, malicious damage, change in laws, shutting of transportation systems, accidents, adverse weather conditions or fires that affect airports or travel links and operations, flight delays, air traffic control issues, siege or acts of terrorism or other security alerts.

### **True Colombia Travel's Liability to Clients**

First and foremost we accept full responsibility for ensuring the terms and plans outlined in the proposal and itinerary arranged with each and every client and written in the final proposal and in accordance with these Terms and Conditions. In the case in which your actual trip does not meet your expectations or as you believe expectations created by the proposal, please alert us as soon as possible both in writing with specific details and via telephone: +1 (646) 569-9196 or +57 (300) 807-653 0. Where an international call will create an extra cost, writing will suffice.

We will make our best effort to keep our website up to date, however we cannot guarantee 100% accuracy. In cases in which itinerary details or proposal details are in conflict with information on the website, itinerary and proposal details will prevail.

As long as our service providers and local representatives are acting within our authority and following instructions, we accept responsibility for their actions. However, we do not accept responsibility for the actions of conductors, drivers, and/or pilots (airline pilots, boat captains, etc.) who are not directly contracted by us. We do not accept responsibility for any activities that are arranged by a third party. We also do not accept responsibility for losses that occur due to behavior of that are outside of our control (e.g. theft by an unknown).

We do not accept responsibility for physical ailments including injury, illness, death, income loss during a trip, damage, expense, cost claims that result from fault of someone in the travel party, fault of a third party unconnected to True Colombia Travel or the services contracted by us, or those actions beyond our suppliers' control.

The total value of our liability to you in respect of all losses that might arise under or in connection with your trip booked through us, whether by breach of contract, tort, or otherwise, shall not exceed the value of your booking including taxes. Furthermore, nothing in these Terms and Conditions shall limit or exclude our liability where such exclusion is not permitted under applicable law.

### **Clients' Liability to True Colombia Travel**

Clients should check with their respective countries to find out which vaccinations are recommended before travel to Colombia. We recommend at minimum, Yellow Fever. It is the responsibility of each and every client to receive any vaccination on their own and at their own expense, and in certain cases, including, but not limited to, travel to the Amazon, to demonstrate proof of vaccination or written waiver of refusal to True Colombia Travel. It is also the responsibility of each client to have a valid and good standing passport with appropriate visas and ample free pages. Several countries require your passport to have two blank pages for a visa stamp and that your passports have at least 6 months left prior to expiration. If you are traveling to more countries on your trip other than Colombia, you may need to have even more pages blank. If you are unsure about the number of pages needed we recommend calling your local passport office or applying for a new passport. Women who are at least 28 weeks pregnant at time of travel must have a signed doctor's certificate confirming that they are secure to travel. We are not liable for any costs, delays, or illness that may result from your failure to meet these requirements.

If you have existing medical conditions, disabilities, or dietary requirements, we request that you let us know during the proposal stage so that we can better plan the trip based on your convenience and so that we can be prepared in the case of emergency. If a new diagnosis should come up that may affect your trip or your safety you should tell us before departure. We are not responsible for any refusal by any purveyor of transport who refuses service to you as a result of any medical condition or disability.

You and your travel party are responsible for your behavior and attitude. We and anyone we work with reserve the right to refuse service, booking, boarding, the right to travel, the right to continue travel or transport, accommodation or any other part of the trip if you or any member of your party is out of control, abusive, or under the influence of excessive alcohol or drugs; if you are, or we believe you are, in the possession of illegal drugs, are behaving violently, disruptively, dangerously or otherwise irresponsible in any manner whatsoever which presents a risk to others or is causing an unreasonable distraction or annoyance to others. In such cases, no refund or compensation will be paid and no costs or expenses for which you incur or are found responsible and liable will be covered or paid by True Colombia Travel. You may also become the subject of police investigation and liable for any criminal offense in Colombia or any other country with jurisdiction with respect to the alleged activity. You must fully cooperate with and follow any safety instructions or steps given by any guide or organization responsible for the activities you do during your trip. For some extreme sports or activities, the host organization may require you to sign a waiver form.



Although we will do everything in our power to ensure a safe and wonderful trip, accidents and problems can happen. If you experience any issues that are not immediately resolvable by the hotel or guide you are with, please contact your accompanying representative of True Colombia Travel, or contact one of the owners whose numbers are programmed into the cell phone you are given at the beginning of the journey. And you can always reach us within Colombia, 24-hours a day, at (+57) 300-807-6530. We ask that you please do tell us issues as they arise so we can work to improve your trip. If you tell us afterwards we will be unable to help. With any medical emergency you should first notify your travel insurance company on their 24-hour emergency number. If you cannot reach them please let us know and we will work to reach them as soon as possible. In some cases we will take out additional medical insurance for you. In case of emergency or need let us know and we will contact the service on your behalf.

As the economy and terrain of Colombia changes immensely throughout the country, some destinations will provide drastically different local conditions than others. In some places local customs are not as punctual and detail oriented as we are. We do our best to ensure that every plan is followed as closely as possible including several calls to each place and sending someone early to confirm in person. That said, culture and mistake at times win out and may cause delays or slight changes to plan. We ask that you have a positive attitude and take everything in stride as we promise in the end a very memorable and fun trip.

### **Dissatisfaction and Complaints**

If you feel that the service provided is not meeting your expectations, you are not satisfied, or you have a general issue with the service, please immediately inform the local representative traveling with you or call co-founder Brian Schon directly at (+57) 807-6530. You can also reach us via our New York line at +1 (646) 569-9196. We will do everything in our power to improve and find a satisfactory solution for your issue(s). We believe that it is unreasonable to withhold a complaint until after your trip and then write a letter of complaint without trying to resolve the issue in person at the time of the problem. If you attempt to solve the issue and cannot, or if the issue cannot be resolved locally, and you still wish to file a complaint, you must send full details in writing to True Colombia Travel within 30 days of your return along with any relevant booking information. Please keep your letter pithy and direct and communicate any complaints to any local providers as well as to our representatives at TCT without delay. If you do not complete this process we will not have the opportunity to directly investigate the issue and solve the problem during your trip. If we do not have this opportunity it may affect your rights under this contract, meaning we may reduce or not compensate you if it was merited.

### **Insurance**

True Colombia Travel will not provide you with travelers insurance nor medical extraction unless in the case where explicitly and otherwise stated. You are responsible for fully insuring your trip with us and must make sure that all of the activities you will be doing are covered by your insurance election. At the time of booking we will provide you with recommendations for travel insurance companies. The insurance you elect should include adequate cancellation insurance up to the value of your trip, emergency evacuation and repatriation costs covering your activities. If you choose insurance services provided by your credit card, please check the terms. Many services only offer minimum coverage and have many excluded activities. Some insurers offer specific insurance related to cancellation, delay, and abandonment due to natural causes. You can purchase this insurance as a stand-alone policy or as an add-on to other policies.

### **Updates**

We will update our Terms and Conditions over time. Those which apply to any booking you make with us are those that will apply to your trip. At times, we may apply other Terms and Conditions to special promotions or prices. These will be notified to clients at the time of booking.



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**Thank You!**

**We look forward to seeing you in  
Colombia!**